

Sedbergh Hills Fell Race 2021

Pos	Bib	First Name	Surname	Club	Cat	Time
1	10	Sam	Dixon	Helm Hill	MOpen	02:31:09
2	25	Kieran	Hodgson	Helm Hill	MV40	02:34:09
3	22	James	Harris	Ambleside AC	MOpen	02:38:39
4	24	Tom	Haynes	Eryri Harriers	MOpen	02:42:56
5	72	John	Hunt	Dark Peak Fell Runners	MV50	02:43:34
6	35	Doug	Love	Bowland Fell Runners	MV40	02:43:56
7	50	Ian	Ridgeway	UA	MOpen	02:44:33
8	34	Ross	Litherland	Penine Fell Runners	MV40	02:45:36
9	2	James	Baron	Helm Hill	MV50	02:46:58
10	20	Dan	Gilbert	Horwich Rmi Harriers	MV40	02:56:00
11	7	Matthew	Briggs	NFR	MOpen	02:56:11
12	42	Paul	Neild	Bowland Fell Runners	MV40	02:56:28
13	48	Philip	Pearson	Northern Fells Running Club	MV60	02:56:47
14	13	John	Duff	NFR	MV50	02:59:24
15	77	Jon	Morgan	Dark Peak Fell Runners	MV50	02:59:46
16	68	Philip	Withnall	Lonsdale Fell Runners	MOpen	03:00:50
17	28	Mark	Irving	Ellenborough AC	MOpen	03:04:46
18	69	Darren	Fishwick	Chorley AC & Tri	MV50	03:04:46
19	31	Roger	Laycock	Settle Harriers	MV60	03:06:09
20	53	Tom	Simpson	UA	MOpen	03:07:35
21	21	Tom	Hare	Settle Harriers	MOpen	03:10:26
22	43	Paul	Nelson	Howgill Harriers	MV50	03:10:44
23	49	Mick	Procter	Clayton-le-moors Harriers	MV50	03:10:59
24	32	Helen	Leigh	Blackburn Harriers AC	FOpen	03:11:01
25	65	Leigh	Warburton	Bowland Fell Runners	MV60	03:11:10
26	52	Kenneth	Short	Teviotdale Harriers	MV50	03:12:11
27	41	Claire	Nance	Lonsdale Fell Runners	FOpen	03:14:09
28	78	David	Riding	Achille Ratti	MV40	03:21:05
29	60	John	Tullie	Teviotdale Harriers	MV60	03:22:26
30	67	Max	Wilkinson	Durham Fell Runners	MOpen	03:23:02
31	37	Matt	Machouki	Scarborough AC	MV50	03:24:16
32	1	David	Banks	Kendal AC	MV50	03:26:32
33	19	Roy	Gibson	Kendal AC	MV60	03:27:03
34	3	Bill	Beckett	Chorley Ath & Tri Club	MV50	03:31:15
35	26	Rebecca	Howard	Ambleside AC	FOpen	03:31:55
36	73	David	James	UA	MV50	03:31:58
37	61	Richard	Tunncliffe	FRA	MV40	03:35:49
38	29	Toby	Johnson	Helm Hill	MV40	03:36:04
39	27	Dominic	Howell	Clayton-le-moors Harriers	MV40	03:36:12
40	38	Nina	Mason	Elvet Striders	FV40	03:36:28
41	11	Joe	Dobson	UA	MOpen	03:37:09
42	56	Graham	Stevens	Holcombe Harriers	MV40	03:37:29
43	14	John	Evason	Black Combe Runners	MOpen	03:37:33
44	33	Catherine	Litherland	Penine Fell Runners	FV40	03:38:44
45	66	Steve	Wathall	Black Combe Runners	MV60	03:39:11
46	8	Richard	Cottam	Penistone Footpath Runners AC	MOpen	03:39:27
47	64	Alison	Wainwright	Dark Peak Fell Runners	FV50	03:40:46
48	58	Richard	Timms	Settle Harriers	MV50	03:42:57
49	12	Wendy	Dodds	Dallam RC	FV70	03:43:32

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50	46	Simon	Oxley	Settle Harriers	MV60	03:45:08
51	45	Laurence	Ormerod	Settle Harriers	MV60	03:45:08
52	51	Jason	Schofield	Wharfedale Harriers	MV50	03:47:35
53	9	David	Cowburn	Chorley Ath & Tri Club	MV40	03:48:00
54	70	Allan	Summer	Lancaster & Morecambe AC	MV50	03:48:01
55	55	Gavin	Smith	Bowland Fell Runners	MV60	03:50:59
56	47	Darren	Parker	Cumberland Fell Runners	MV50	03:51:00
57	40	Katie	McKay	UA	FOpen	03:52:54
58	57	Neil	Swan	Holcombe Harriers	MV40	04:01:47
59	6	Tim	Boland	Holcombe Harriers	MV40	04:02:29
60	76	Colin	Valentine	Keswick AC	MV60	04:06:36
61	30	Sacha	Jones	UA	FV40	04:12:40
62	39	Philip	McDermott	London Heathside	MV40	04:12:44
63	16	Katie	Farrell	UA	FOpen	04:13:58
64	71	Stephen	Forster	Wharfedale Harriers	MV50	04:14:27
65	62	Denise	Tunstall	Durham Fell Runners	FV50	04:26:30
66	44	Mary	Ockenden	Bowland Fell Runners	FV60	04:31:43
67	18	Mick	Fowler	UA	MV60	04:43:24
68	74	May	Crawford	Helm Hill	FV40	04:49:40
69	75	Robert	Crawford	Howgill Harriers	MV40	04:49:40
70	23	Nick	Harris	Rosendale	MV70	04:56:04
-	36	Lucy	Lowe	UA	FOpen	DNF
-	15	Martin	Farrar	Wharfedale Harriers	MV50	DNF