

2019 Sedbergh Hills Fell Race

Pos	No	First Name	Surname	Club	Cat	Time
1	86	James	Harris	Ambleside AC	MOpen	02:22:21
2	77	Karl	Gray	Calder Valley Fell Runners	MV40	02:25:42
3	13	Nathan	Edmondson	Ilkley Harriers	MOpen	02:29:11
4	66	Mark	McGoldrick	Wharfedale Harriers	MV40	02:29:15
5	109	Doug	Love	Bowland Fell Runners	MOpen	02:33:28
6	1	Francis	Blunt	None	MOpen	02:34:55
7	40	Matthew	Richardson	Saltaire Striders	MOpen	02:34:58
8	99	Paul	Neild	Bowland Fell Runners	MV40	02:37:08
9	32	Phil	Mather	Lonsdale Fell Runners	MOpen	02:39:15
10	104	Tim	Cowen	Helm Hill	MV40	02:40:52
11	44	Lee	Siemaszko	Liverpool Harriers AC	MOpen	02:41:14
12	62	John	Hunt	Dark Peak Fell Runners	MV50	02:41:21
13	78	Matt	Brindle	Helm Hill	MV40	02:41:38
14	37	Philip	Pearson	Northern Fells RC	MV60	02:47:26
15	93	Martin	Holroyd	Settle Harriers	MV50	02:49:40
16	59	Katie Kaars	Sijpesterjo	Keswick AC	FOpen	02:49:44
17	34	Charlie	McIntosh	Pudsey & Bramley AC	MV50	02:50:26
18	116	Ross	Bibby	Valley Striders AC	MOpen	02:50:59
19	45	Roger	Sillito	Nfr	MV40	02:53:20
20	106	Mark	Ganly	UA	MOpen	02:54:41
21	28	Keith	Macintosh	Wimbledon Windmilers	MV40	02:54:47
22	58	James	Baron	Helm Hill	MV50	02:55:43
23	73	James	Osborne	Durham Fell Runners	MOpen	02:55:56
24	2	Graham	Bradshaw	Hunwick Harriers	MV60	02:57:53
25	49	Craig	Storozuk	Barlick Fell Runners	MOpen	02:57:59
26	91	Jonathan	Whitaker	Howgill Harriers	MV50	02:58:08
27	42	Paul	Rowley	Penine Fell Runners	MOpen	02:58:28
28	118	Dan	Taylor	Todmorden Harriers & AC	MV40	02:58:38
29	85	Matthew	Machouki	Scarborough AC	MV50	02:59:04
30	18	Paul	Haigh	Calder Valley FR	MV40	03:00:53
31	24	Dominic	Howell	None	MV40	03:02:47
32	75	Paul Peter	Nelson	Howgill Harriers	MV50	03:02:52
33	64	Jo	Buckley	Calder Valley FR	FV40	03:03:04
34	98	Jon	Lamey	Northern FRC	MV40	03:03:04
35	46	Nicky	Spinks	Dark Peak Fell Runners	FV50	03:03:20
36	69	Mick	Procter	Clayton-le-Moors Harriers	MV50	03:05:43
37	70	Richard	Snowden	Totley AC	MV50	03:05:47
38	111	Chris	Jones	Wharfedale Harriers	MV50	03:05:49
39	56	Max	Wilkinson	Durham Fell Runners	MOpen	03:05:50
40	21	Paul	Hodgson	Durham Fell Runners	MV40	03:06:01
41	38	Rob	Rawlinson	Calder Valley Fr	MV40	03:06:12
42	71	Peter	German	Helm Hill	MOpen	03:06:25
43	90	Greg	Hearle	UA	MOpen	03:08:53
44	68	Andrew	Fox	Glossopdale Harriers	MV60	03:08:56
45	112	Andy	Kenyon	UA	MV50	03:08:58
46	8	Paul	Calverley	Achille Ratti	MV50	03:10:47
47	81	Lucian	Weston	UA	MOpen	03:11:32
48	79	Steph	Jones	Ambleside AC	FOpen	03:11:37
49	76	Helen	Buchan	Calder Valley Fell Runners	FV40	03:13:34

2019 Sedbergh Hills Fell Race

Pos	No	First Name	Surname	Club	Cat	Time
50	72	Seb	Buften	Saltwell Harriers	MOpen	03:13:39
51	16	Roy	Gibson	Kendal AC	MV50	03:15:25
52	25	Edward	Ingham	None	MV50	03:15:27
53	57	Andrew	Wright	Calder Valley Fr	MV40	03:15:46
54	100	Dan	Martell	Altrincham RC	MOpen	03:16:16
55	80	Nicola	Parkin	Dark Peak Fell Runners	FV50	03:16:18
56	31	Nina	Mason	Elvet Striders	FV40	03:17:34
57	108	Ian	Russell	Saltaire Striders	MOpen	03:19:20
58	67	Richard	Veitch	Esk valley Fell Club	MV40	03:20:18
59	30	Gary	Mason	Northumberland Fell Runners	MV40	03:20:33
60	26	Kieron	Larkin	None	MOpen	03:21:00
61	33	David	McChesney	None	MOpen	03:21:01
62	103	Christopher	Barry	UA	MOpen	03:21:24
63	74	Robert	Halstead	Todmorden Harriers & AC	MV50	03:21:35
64	119	Phillip	Roberts	UA	MV40	03:21:45
65	50	Toby	Sydes	Calder Valley Fr	MV50	03:22:51
66	39	Jane	Reedy	Ambleside AC	FV40	03:24:06
67	101	Richard	Johnson	Altrincham RC	MV50	03:24:53
68	12	Chris	Curtis	Northern Fells RC	MV50	03:25:05
69	53	Alison	Wainwright	Dark Peak Fell Runners	FV50	03:28:20
70	65	Thomas	Jones	Esk valley Fell Club	MV40	03:28:28
71	89	Andrew	Hearle	Mercia Fell Runners	MV60	03:28:42
72	63	John	Thompson	Newburgh Nomads	MV50	03:28:59
73	5	Rowena	Browne	Bowland Fell Runners	FV50	03:30:33
74	84	Allan	Miller	Kendal AC	MV60	03:31:12
75	107	David	James	UA	MV50	03:31:45
76	105	Maria	Murtagh	Easingwold RC	FOpen	03:31:48
77	110	Arran	Horne	Northern FRC	MOpen	03:32:03
78	87	Steve	Wathhall	Black Combe Runners	MV60	03:32:08
79	95	Helene	Whitaker	Harrogate Harriers & AC	FV50	03:36:00
80	82	Sally	Hempsell	Ambleside AC	FV50	03:38:10
81	88	Adam	Hartley	UA	MOpen	03:38:10
82	117	Will	Spain	Dark Peak Fell Runners	MOpen	03:38:52
83	27	Jenny	Lyon	Dallam RC	FOpen	03:39:15
84	120	Eddie	Lesniak	Achille Ratti CC	MV60	03:39:50
85	22	Catherine	Holden	Calder Valley FR	FV40	03:39:54
86	23	Keith	Holmes	Dark Peak Fell Runners	MV60	03:41:12
87	54	Emma	Watson	Wharfedale Harriers	FOpen	03:42:41
88	10	James	Cooke	Calder Valley Fr	MOpen	03:42:57
89	36	Robin	Parsons	Elvet Striders	MV40	03:44:22
90	92	Allon	Welsh	Northumberland FR	MV50	03:52:32
91	52	Denise	Tunstall	Durham Fell Runners	FV50	03:54:14
92	14	Dave	Ellis	Bournville Harriers	MV50	03:54:27
93	61	Lesley Ruth	Malarkey	Keswick AC	FV70	03:56:35
94	60	Dave	Culpan	Stainland Lions Road Runners	MV50	03:58:20
95	83	Jenny	Russell	Worthey frc	FV40	04:01:16
96	17	Chris	Haddock	Rosendale Harriers	MOpen	04:02:06
97	43	Steve	Sanders	Penistone Footpath Runners AC	MV40	04:15:21
98	3	Alison	Bramall	Ambleside AC	FV60	04:21:37

2019 Sedbergh Hills Fell Race

Pos	No	First Name	Surname	Club	Cat	Time
99	114	Isobel	Webster	Kirkstall Harriers	FOpen	04:25:57
100	113	Simon	Hands	Kirkstall Harriers	MV40	04:25:57
101	102	Rob	Crawford	Howgill Harriers	MV40	04:26:00
	94	Roger	Laycock	Settle Harriers	MV60	DNF
	96	Mike	Fowler	UA	MV60	DNF
	97	Nicola	Dugan	UA	FV60	DNF
	115	Marion	Muir	Kirkstall Harriers	FV40	DNF